



Intermediate Leadership Skills for Youth

The second in Jim's three-part leadership series

Jim Wiltens

Jim's programs, writing, and life work are designed to bring out the best in children. His focus on "meta-skills"—universal life skills that benefit all youth regardless of their future career paths—includes leadership, memory skills, creativity, and self-presentation through writing and speaking. Jim owns and directs Deer Crossing Camp, a wilderness summer camp in northern California's High Sierra. Jim's award-winning column on parenting tweens appeared in Bay Area Parent Newsmagazine and 35 other parenting publications across the U.S. and internationally for over 15 years. He is the author of seven books, including *No More Nagging, Nit-picking, & Nudging (A guide to motivating, inspiring, and influencing kids)*; *Goal Express! (The five secrets of goal-setting success)*; *Memory Smart (9 memory skills every grade schooler needs)*; and *Remember What You Read (How to memorize a book)*. Jim also loves adventures. He has kayaked through head-hunter territory, SCUBA dived with sea monsters, trekked through jungles looking for ancient ruins, and purchased four camels to search for dinosaur skeletons in Mongolia's Gobi Desert.

"Jim's use of stories, magic tricks, and acronyms made learning leadership skills enjoyable, effective, and intuitive for all kinds of learners, including both parents and children. I learned more about myself, my parenting style, and approach to leadership than I ever could have imagined."
—Scott, parent

As a graduate of Beginning Leadership, students know that true leaders first learn to lead themselves. They also know the first steps for turning goals into reality, what it means to master your P.E.G.S.S., and how to walk away from the T'NACI monster. Students are now eligible for the next level, Intermediate Leadership. Building on the foundation laid in the beginner program, this intermediate program takes youth up the leadership ladder.

Key topics covered in the Intermediate program:

- Discover what is behind people's faces and why it's important
- Find out how to overcome obstacles on the way to difficult goals
- Learn one secret behind super-resilient leaders
- Practice 10 phrases used by powerful people
- Use star-chart goal setting to build a life-changing habit
- Find out how a reality binder can take you from goal-setter to goal-getter
- Rid yourself of a common habit that saps your power

True Leaders First Learn to Lead Themselves

When you can build your own life in positive ways, then you may want to think about helping to guide others. Jim's multi-sensory approach to leadership takes advantage of all that brain science tells us about how people learn. This program includes storytelling, slide shows, custom games, songs, puppets, magic, high-tech devices, and loads of interaction to keep students engaged.

"Your ability to lead the lessons using hands-on activities--the magic tricks, balance beam, singing, and more—as well as providing real-life stories of leadership success truly inspired the students to expect more from themselves and begin to think about 'leading themselves'. Parent feedback has been very positive."
—Amanda, middle school principal

"Jim's leadership class far surpassed my expectations. I had hesitated making another weeknight commitment, but it was a great time for my son and me, a real gift. I've already seen improvement in his attitude and self-esteem as he tries to navigate his way into the preteen years." —Jennifer, parent